

VOLUNTEER NEWSLETTER

**We really hope you can
make it to our 2019**

Volunteer Appreciation Day

**Save the Date – Saturday
June 15th**

Richmond Barracks, Dublin

- Workshops
- Lunch
- Team Building
- Relax and Have Fun

CHI will cover cost of Public Transport to Dublin, and have supports in place to get you to the venue. Full details for the day, transportation, and registration to follow.



2019 Annual Lecture - The Experience of Teens in Hospital - challenges and responses

We are thrilled to announce Adam Harris, Founder and CEO of AsIAm, as our keynote speaker at this year's annual lecture. The lecture will address "The Experience of Teens in Hospitals – challenges and responses" and will include a panel with the opportunity to expand on the topic from a variety of perspectives. It will be a fantastic evening bringing together the experiences of young people and their families, clinical hospital staff, other voluntary organisations, and volunteers supporting and working with young people.

Venue:

Royal Victoria Eye and Ear Hospital
The Learning and Library Conference Centre
Adelaide Road, Dublin 2

6:30 – 8:pm

Light refreshments from 6pm

Registration for tickets with Eventbrite to follow soon

CHI News

The new Paediatric Urgent Care Centre in Blanchardstown, Connolly Hospital is due to open its doors joined by a new team of CHI volunteers in summer 2019. This is an exciting opportunity for CHI and our volunteers. We will be recruiting and training in early summer, starting with an information session in May. If you know anyone who might be interested please have them get in touch to register with Julia@childreninhospital.ie. For those current volunteers who feel they would like to move to volunteering in the Urgent Care Centre in Connolly Hospital please get in touch with Elizabeth@childreninhospital.ie. It would be great to have the support and knowledge of a few experienced volunteers in setting up a new team.

We are sending out copies of the **Playful Manual** to hospitals.

There should be a copy kept in each hospital for general reference, and spares for those interested to take home. Please do let us know if you would like a copy and there isn't one available near you. It is also available to download along with a number of online resources https://www.childreninhospital.ie/play_resources/





The 2019 VHI Mini-Marathon Registration is now open!

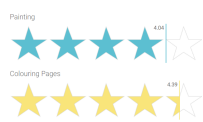
Elizabeth, Anna and Denise will be running in Team CHI this year and we would love for volunteers, friends and family to join us! Help us to reach our fundraising target of €10,000 in 2019 by participating in the mini-marathon, or an event near you (Cork mini-marathon, Hell & Back, Wicklow 200, Galway Bay 10K, The Great Limerick Run and more).

Register on https://www.childreninhospital.ie/event_registration/

2018 Volunteer Survey Results

Thank you so much to all of you who participated in the 2018 Volunteer Survey. There is so much information and learning in it for the year ahead. There were 150 responses to the survey, representing fairly proportionally the experience range of our volunteers. We will be sharing this information with all of you in parts over the coming months.

What Toys/Activities Work Best for Play?

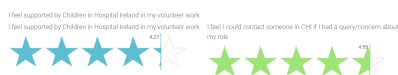


Colouring Pages and Painting topped the star chart again this year. With 63% giving colouring 5 stars, and 53% giving painting 5 stars.



There were 24 additional mentions of Board Games, that's about 17% of you who answered the question about what toys work best! Connect 4 topped the shout out to board games.

Support for Volunteers from CHI



87% of volunteers agree or strongly agree that they feel supported by CHI in their volunteer work, this is up from 74% from last year. And 92% of volunteers agree or strongly agree that they feel they could contact CHI with a question or concern about their role, this is up from 85% from last year.

New Year Refresher

Bare Below the Elbow - Giving hygiene a helping hand!

What Is Bare Below The Elbows?

Bare Below the Elbows is an initiative aiming to improve the effectiveness of hand hygiene performed by health care workers and volunteers within the Clinical area.

- Sleeves should be short or rolled securely to the elbow.
- Nails should be short and clean - no nail varnish, gel nails or extensions.
- No jewellery should be worn around the wrists, including watches and exercise bands such as Fitbit.
- No rings with stones should be worn – one plain band is permitted.



Don't put patients at risk



Putting the Fun into Fundraising:

Brittany Beckert, an evening volunteer at Crumlin set up a new business "Paint by the Pints" just over a year ago. Each canvas created on the night translates to a €1 donation to CHI!!

<https://www.facebook.com/Paintbythepints/> In that time Paint by the Pints has raised over €1,000 for Children in Hospital Ireland.

This is fantastic fundraising and we are so grateful you have chosen to support CHI.