

SPRING 2023 NEWSLETTER



Children
In Hospital
Ireland (CIH)

Save the Date!

CIH Annual Lecture

Getting it Right, First and Every Time: Improving healthcare procedures for children and young people

When: 6pm, Tuesday, 2nd May 2023

Where: RCSI, St. Stephen's Green, Dublin 2

Our Annual Lecture is back again and this year, we are delighted to announce our keynote speaker, Lucy Bray, Professor of Child Health Literacy at Edge Hill University, UK. This is an opportunity to hear from research and to participate in discussion around standards for children in healthcare. We welcome anyone who is interested in hearing more.

Lord Mayor Of Dublin's Charity Ball

When: 7pm. 13th May 2023

Where: The Mansion House, Dawson Street, Dublin 2

€1,500 for a table of 10 or €150 per ticket.

100% of ticket sales goes directly to Children in Hospital Ireland, Aslam, and the Capuchin Day Centre. This will be a great night for you and your organisation.

Contact niamh@childreninhospital.ie to purchase tickets or for more information.



Volunteer Appreciation Day



When: Saturday 10th June 2023

Where: Richmond Barracks, Dublin 8

What:

We are hosting our annual volunteer appreciation day filled with activities and workshops. A catered lunch is included. It is an opportunity to relax, have fun, meet volunteers and get involved in discussions around volunteering.

Supports will be provided for cost of travel.

Shout Out!

We'd like to give a special shout out to Christine Pierce and Colin Linehan who raised over €2340 in Clontarf marathon 2022.

We are so grateful for their generous support.



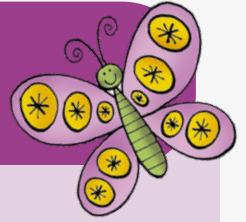
Reminder!

2023 MEMBERSHIP RENEWAL

The 2023 membership has opened for payment. Membership remains the same cost as last year €10. You can simply use [this link](#) to renew your membership for 2023.

Thank you for your continued support.

Get Involved



1:1 Volunteering

We are looking for volunteers to join a team for 1:1 supports with children and siblings of all ages. This is for Crumlin and Temple Street only. These shifts could be daily, weekly or once offs. They are for all different days and times so don't let that put you off joining the team if you can only do a certain day or time.

Contact Cat:
cat@childreninhospital.ie or
message 0871882579.

JustAsk

If you know someone that would be interested in volunteering with our Just Ask team, we will be holding a small online JustAsk information evening very soon. This role is for Crumlin only.

[Click here](#) for more information and please share with your friends and families. We would love to hear from anyone that would like some more info about this role.

Contact Jessica:
jessica@childreninhospital.ie

VHI Mini Marathon

Please join us **June 4th 2023** and take part in the VHI Women's Mini Marathon to raise funds for Children in Hospital.

For more information, please [click here](#).



If you have not yet returned to volunteering following the lifting of COVID restrictions, please get in touch with any questions, concerns or to let us know if your circumstances have changed and will not be returning.

Get in touch: Elizabeth@childreninhospital.ie



New Team Members

The CIH Team has grown recently and we'd like to welcome some new team members...

**Jessica Hurley,
JustAsk Volunteer Coordinator**

Jessica@childreninhospital.ie



**Cat Mallin,
Volunteer Coordinator**

Cat@childreninhospital.ie



**Niamh Lawlor,
Information and Communications Officer**

Niamh@childreninhospital.ie



"Play is a basic need of all children. It is a fun activity which removes them from their physical surroundings and what they are enduring"

Imelda Coyne, Professor in Children's Nursing & Director of the Trinity Research in Childhood Centre (TRiCC)